

Success Story of Spectra Varsha SHG



Society for Public Education, Cultural Training & Rural Action

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Group Name- Spectra Varsha SHG

Village- Ratahurd

Formation year- 24.01.2013

Group members Details- 15 members

Group Members Name- Suershbala, Rameshwari, Seema, Banarasi, Sunita, Puja, Jummi, Pushpa, Reena, Sakuntala, Sunita, Punam, Suman, Rinki, Sumanlata

About the Group- Spectra Varsha SHG group is running in Ratakhurd gram Panchayat of Kishangarh block of Alwar district in Rajasthan. The groups are sponsored by NABARD and facilitated by LDF which enables its members to gain their identity as individuals, while realizing – and utilizing – the immense power of mutual aid. The group continued to play an active role to facilitate the other SHGs to strengthen strong links with government schemes and projects so as to generate the required assistance. This success story tells you that how the tremendous changes happened in the life of this group members.

Activities of the Group

SHGs formation: In the year 2013 Spectra formed this group with 15 members of Ratakhurd villages. We organised poor rural women into community institutions in the form of Self-Help Groups (SHGs) that act as social platforms to address issues of financial inclusion, healthcare, livelihoods, education and the environment. After formation of the group the members are linked to bank. The group members are shareholder of our FPO and also engaging in selling spices, Himalaya products and solar items.

Monthly Group meetings of SHGs: The monthly meeting is organized every month with SHG group members in the member's house alternatively. SPECTRA staff discussed with SHG members about SRI technique and crop management with new methods applying in the agricultural activities. They also discussed about the dairy and marketing linkage with them. Each participant shared their experience as well as field experience. The problems raised by them has short out efficiently and discussion was started how can resolve their problems with mutual efforts. Group members got knowledge on how to keep book records properly so that the functioning of group would be running smoothly.

Monthly savings and internal lending: The group members are saving 100 rupees per month. Till now the group have repeated 5 loans. Their current loan disbursement amount is 750000/, which is used to meet their domestic and financial needs in their day to day life.

Training on Crop Management and SRI Technique:

Initially our staff did assessment of existing cropping and traditional method used in the land of group members and discussed with them. Firstly they prepared field and tested the soil through Agriculture dept. according to the soil testing report, put 2 Kg. Trico drama, 10 Kg. Micro Nutrient, 80 Kg. Neem Plus, 80 Kg. Vermicompost fertilizer in 1 Bigha land. They put and mixed them together on land, then after cultivated the land and remained it for two days. After that, they prepared the seed by taking 12 Kg. wheat (seed) 2 kg. Vermicompost fertilizer, 200 gram Trico drama, 1 Kg. solid sugar, 2 liter and cow urine, mixed them together and put it in 20 liter water and remained it for 8 hours. After that, took out from water and put it in wet bag of fodder for 8 hours. Put it out from the bag and dried in sun light. After that, cultivated the prepared seed on land by SRI Vidhi machine. In addition, did follow up properly as timely irrigation, nirai and gudai etc. The outcome of SRI Vidhi technique was very result oriented as in traditional method the expenses was more and production was less, but SRI technique resulted as less expenses and more production. After the knowing well about the crops and SRI technique, they started to use SRI concept to wheat crop and motivate other community members to use this technique. Now

thousands of women across the project area have been trained in making organic compost, which retains the fertility of the soil while increasing yield.

Ajola Establishment:

For fodder development, Ajola Bed is introduced in the field for cattle-feed. Ajola is green cattle-feed for the increment of milk production in animal. Group members themselves established Ajola bed in their home or near to home. The group as a team also motivate the other community members to establish Ajola and make it at their home.

Vermi Compost establishment: SPECTRA staff provided training to the group members and after knowing it well they started to establish Vermicompost bed in the field for the promotion of organic farming. Vermicompost supplies a suitable mineral balance, improves nutrient availability and could act as complex-fertilizer granules. The group as a team also motivate the other community members to establish vermin-compost and make it at their home.

Dairy Development: Thus SPECTRA seeks to help bring in better-quality breeds, veterinary care, good rearing practices and marketing system. SPECTRA is expanding its outreach programmes with the linkage of poor women with dairy. SPECTRA started the process of collaboration with Saras, Lotus and Mother Dairy for opening the collection centres. SHGs women including Spectra Varsha SHG women are linked to SARAS Dairy in the projected area and milk collection centre are opened to dairy promotion.

Animal Husbandry: SPECTRA provides assistance for the induction of new animals, while giving attention as well to better housing and veterinary care, especially the provision of immunization against diseases.

Economic Change:

Before formation of this SHG group, they were very restricted to their family but after becoming a member of this group, they are playing a valuable role through conducting group meeting, attending trainings on agriculture and animal husbandry. They visited many times to Jaipur and Neemrana in the exposure of women. Now they can do bank related work and help other community members. They also motivate other women to bring about the changes in their life through linkage of SHG. Before joining of SHG, they do not have any animal in their family, but now through the Spectra they are provided goat for income enhancement. Now they earn Rs. 3000-4000 per month. They returned their installment of loan through these earnings.

Social Change:

According to Sureshbala (Member of Spectra Varsha SHG)- "She never came out from her home to out of her village before joining of SHG group, but now I visits Jaipur, Alwar and Neemrana to participate in training, meetings and exposure visit". She makes her own home budget with keeping the income and expenditure estimates after attending financial training provided by the Spectra organization. I also attend gram Panchayat meeting and discuss with Gram Sevek and Sarpanch for her group member`s problems. She motivated for filling up forms of old age pension and 4 women were provided old age pension with her efforts. She also attends Gram Sabha meeting and even brings other women to put their problems in this meeting. She also goes to school, Anganwadi centre and sub health centre for the solution of problems faced by her family or villagers. She helps her village people for vaccination and insurance of animal by bringing them in animal camp organized by Veterinary Dept.

Glimpse of Activities:-



Loan Distribution



SRI plots



Exposure Visit



Monthly Group meeting



Media Clips



Azola Beds